2013 Holy Family Track Overview

Divisions

Minor-3rd grade

Elemental-4th grade

Developmental-5th grade

Cadet-6th grade

Youth-7th grade

Intermediate-8th grade

Order of Running Events:

100m (Prelims when needed)

1600\*

4x100 relay\*

400

200 Hurdles\*

800m\*

200m

4x200 relay\*

\*Events may be combined by division and will be up to site director.

Order of Field Events:

Girls Shot Put followed by Boys Shot, Boys Discus followed by Girls discus, Girls standing Long jump, followed by boys standing long jump, boys running long jump, followed by girls running LJ,

High Jumpers-report to HJ area and order will be determined based on participation numbers. Must meet minimum height requirements for Girls and Boys, Dev-Intermediate.

Meet Format:  
Divisions will be scheduled to compete in the following order:

1. Girls Intermediate & Youth followed by Boys
2. Girls Cadet & Developmental followed by Boys
3. Girls Elemental & Minor followed by Boys

Meet Order:

Running events for Intermediate and Youth will take place first.

Field events for Cadet and Developmental will participate first. When running events are completed for Intermediate/Youth;cadet &developmental will run and Intermediate and Youth will compete in field events. When Cadet/Developmental complete running, elemental and minor will begin running and field events.